AGING STUDIES CERTIFICATE

Division: Social Sciences

PROGRAM CODE: 2C41409

The **Aging Studies Certificate** focuses on the study and application of knowledge about the physical, social, and economic conditions of older people. Aging affects all aspects of human activity, thus the study of aging is multidisciplinary in nature. This certificate helps to prepare students interested in pursuing academic and career pathways in the field of aging. Student who earn the Aging Studies Certificate should consider pursuing a Bachelor's Degree in Gerontology, a Bachelor's Degree in Sociology with an emphasis in Gerontology, or a related field. Career paths many include placements in county councils on aging, area agencies on aging, social services agencies, housing authorities, long-term care, recreation facilities, and many other public and private agencies. A minimum grade of C is required in each course taken. The Aging Studies Certificate requires a total of 16 units.

Code	Title	Units
Required Courses (6 units):		
SOC 201 F	Dying and Death	3
SOC 250 F	Sociology of Aging	3
Restricted Electives (10 units):		**10**
MIND 101 F	The Practice of Mindfulness and Self-Compassion	3
PE 235 F	First Aid, CPR, and Safety Education	3
PSY 120 F	Human Sexuality	3
PSY 131 F	Cross Cultural Psychology	3
SOC 198 F	Sociology Internship	1
SOC 199 F	Sociology Independent Study	1
SOC 275 F	Marriage and Family	3
or SOC 275HF	Honors Marriage and Family	
SOC 299 F	Sociology Independent Study - Advanced	1
WELL 230 F	The Body-Mind Connection	3
Total Units		**16**

Outcome 1: Describe knowledge of relationships among older adults, their families, and society.

Outcome 2: Compare and contrast current theory and research in the interdisciplinary field of gerontology and its role in society to assess biological, social, and psychological issues that impact older adults and those who work with and care for them.

Outcome 3: Analyze aspects of ageism in American society and socially-conscious behavior regarding the older population.