

# PHYSICAL EDUCATION ASSOCIATE IN ARTS DEGREE

PROGRAM CODE: 2A17369

The **Physical Education Associate in Arts Degree** is designed for students who will transfer to a four-year institution, obtaining a bachelor's degree through a California State University program. Course and degree requirements vary at respective universities. It is important to consult with a Fullerton College Counselor and respective university transfer representatives to confer program requirements and transferable work. The Program requires a total of 18-20 units of which 16-17 units are in required courses. An additional 2-3 units must be chosen from the restricted units listed below.

Code	Title	Units
<b>Required Courses (16-17 units):</b>		
PE 235 F	First Aid, CPR, and Safety Education <sup>1</sup>	3
PE 236 F	Prevention and Care of Athletic Injuries	3
PE 248 F	Psychology of Sport	3
PE 252 F	Introduction to Kinesiology	3
ANAT 231 F	General Human Anatomy	4-5
or ANAT 240 F	Human Physiology	
<b>Restricted Electives</b>		
Activity Courses (2-3 units)		2-3
<b>Total Units</b>		<b>18-20</b>

<sup>1</sup> American Red Cross certification can be substituted at the discretion of the Division. Students must take an additional 3 units from restricted electives.

**Outcome 1:** Examine personal health-related behavioral patterns, select goals and formulate appropriate health and fitness strategies

**Outcome 2:** Demonstrate an understanding of anatomy, nutrition, health promotion as well as behavior development as it applies to Kinesiology and Physical Education.

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[https://www.curricunet.com/fullerton/reports/program\\_report.cfm?programs\\_id=231](https://www.curricunet.com/fullerton/reports/program_report.cfm?programs_id=231)