

# RECREATION ASSISTANT CERTIFICATE

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Division: Kinesiology

PROGRAM CODE: 1C37194

The **Recreation Assistant Certificate** Primary emphasis is to prepare the student for introductory level of recreation and leisure career opportunities. All students must complete at least 16 units. Course work in KIN 235 C may use credit for prior learning approval based on current Red Cross cards in First Aid and CPR at the discretion of the division. To earn a certificate, complete the required courses as listed with a grade of C or better. At least 50% of all course work must be completed at Cypress College. This certificate requires a total of 16-19.5 units.

Code	Title	Units
<b>Required Courses (9 units):</b>		
REC 100 C	Foundations of Recreation and Leisure Services	3
or REC 101 C	Principles of Community Recreation	
REC 102 C	Rec. Sport Lead. & Dev. Grps	3
KIN 235 C	First Aid, CPR and Emergencies (formerly PE 235 C)	3
<b>Select from the elective courses listed below (7-10.5 units).</b>		<b>7-10.5</b>
Activity Courses: KIN 100 C - KIN 201 C (.5-1 units)		
REC 106 C	Outdoor Recreation and Camp Counseling	3
KIN 236 C	Athletic Injuries-Prevention and Care (formerly PE 236 C)	3
KIN 247 C	Sports Management (formerly PE 247 C)	3
SOC 101 C	Introduction to Sociology	3
or SOC 101HC	Honors Introduction to Sociology	
ANTH 102 C	Cultural Anthropology	3
or ANTH 102HC	Honors Cultural Anthropology	
HS 145 C	Survey of Medical Terminology	3
BIOL 231 C	General Human Anatomy	4
BIOL 241 C	General Human Physiology	4
PSY 101 C	Introduction to Psychology	3
or PSY 101HC	Honors Intro to Psychology	
KIN 295 C	Kinesiology - Internship Sem	3
<b>Total Units</b>		<b>16-19.5</b>

## Program Student Learning Outcomes:

**OUTCOME 1:** demonstrate introductory level of knowledge, skills, and abilities in recreation and leisure careers.

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[https://www.curricunet.com/Cypress/reports/program\\_report.cfm?programs\\_id=1639](https://www.curricunet.com/Cypress/reports/program_report.cfm?programs_id=1639)