

AQUATICS SPECIALIST CERTIFICATE

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Division: Kinesiology

PROGRAM CODE: 1C07829

Financial Aid Eligible

The **Aquatics Specialist Certificate**: Primary emphasis is to prepare the student for occupational competency in swimming instruction as recommended by the state of California and the American Red Cross. Course work in KIN 235 C, KIN 255 C, and KIN 256 C may use credit for prior learning approval based on current Red Cross certification in First Aid and CPR, Life Guarding and Water Safety Instruction at the discretion of the division. To earn a certificate, complete the required courses as listed with a grade of C or better. At least 50% of all course work must be completed at Cypress College. This certificate requires a total of 16-17 units.

Code	Title	Units
Required Courses (5 units):		
KIN 112 C	Swimming-Intermediate-Advanced	1
KIN 235 C	First Aid, CPR and Emergencies (formerly PE 235 C)	3
KIN 255 C	Lifeguarding (formerly PE 237 C)	1
Elective Courses (11-12 units):		11-12
KIN 110 C	Surfing (formerly PE 122 C)	0.5-1
KIN 114 C	Springboard Diving (formerly PE 136 C)	0.5-1
KIN 115 C	Springboard Diving - Intermediate - Advanced	0.5-1
KIN 116 C	Swim for Fitness (formerly PE 149 C)	0.5-1
KIN 117 C	Water Aerobics (formerly PE 151 C)	0.5-1
KIN 118 C	Aqua Zumba	0.5-1
KIN 119 C	Aqua Bootcamp	0.5-1
KIN 192 C	Water Polo (formerly PE 146 C)	0.5-1
KIN 236 C	Athletic Injuries-Prevention and Care (formerly PE 236 C)	3
KIN 247 C	Sports Management (formerly PE 247 C)	3
KIN 248 C	Psychology of Sport	3
KIN 256 C	Water Safety Instruction (formerly PE 238 C)	2
KIN 272 C	Strength and Conditioning	3
KIN 274 C	Exercise Testing and Prescript	3
KIN 295 C	Kinesiology - Internship Sem	3
PHS 107 C	Nutrition and World Food Issue	3
REC 100 C	Foundations of Recreation and Leisure Services	3
or REC 101 C	Principles of Community Recreation	
REC 102 C	Rec. Sport Lead. & Dev. Grps	3
REC 106 C	Outdoor Recreation and Camp Counseling	3
Total Units		19-20

Program Student Learning Outcomes:

OUTCOME 1: Acquire workforce preparation skills, including advanced lifesaving techniques and water safety, to become certified lifeguard.