

PSYCHOLOGY (PSY)

PSY 101 C Introduction to Psychology 3 Units

Advisory: Eligibility for ENGL 100 C or ENGL 101 C or ESL 110 C.

Term hours: 54 lecture. This course is a scientific consideration of the psychological foundations of behavior. It will investigate psychological development, motivation, sensation, perception, learning, thinking, language, psychological measurement, and principles of mental illness and mental health. Duplicate credit not granted for PSY 101HC. (UC/CSU, AA GE, CSU GE, IGETC, C-ID: PSY 110)

PSY 101HC Honors Intro to Psychology 3 Units

Advisory: Eligibility for ENGL 100 C or ENGL 101 C or ESL 110 C.

Term hours: 54 lecture. This Honors-enhanced course is a scientific introduction to the major areas of psychology. These areas include research methodology, consciousness, cognition, memory, perception, sensation, motivation, emotion, learning, development, personality, abnormal psychology, and physiological psychology. Students will examine, demonstrate and critique principles, theories, and research on human cognition, emotion, behavior, and conscious experience. The course uses lecture, multimedia presentation, class discussion, online communication, simulations, online resources, and research projects to enhance the learning experience of students. Duplicate credit not granted for PSY 101 C. (UC/CSU, AA GE, CSU GE, IGETC, C-ID: PSY 110)

PSY 110 C Applied Psychology 3 Units

Advisory: Eligibility for ENGL 100 C or ENGL 101 C or ESL 110 C.

Term hours: 54 lecture. This course examines the principles of psychology and its research as it applies to everyday living. These principles are explored in the context of college life, interpersonal relationships, work and career. Focus areas include adjustment, health, stress, sexuality and psychological disorders. Applied Psychology is not the same as PSY 101 C Introduction to Psychology and cannot be taken in place of PSY 101 C. (UC/CSU, CSU GE, C-ID: PSY 115)

PSY 120 C Human Sexuality 3 Units

Advisory: Eligibility for ENGL 100 C or ENGL 101 C or ESL 110 C.

Term hours: 54 lecture. This course is an overview of the psychological and psychobiological aspects of human sexuality. The course takes an interdisciplinary approach dealing with the entire area of human sexual behavior viewed in the context of the total integrated personality. (UC/CSU, AA GE, CSU GE, IGETC, C-ID: PSY 130)

PSY 131 C Cross-Cultural Psychology (formerly PSY 237 C) 3 Units

Advisory: Eligibility for ENGL 100 C or ENGL 101 C or ESL 110 C.

Term hours: 54 lecture. This course is an introduction to culture's influence on human behavior and mental processes. Beginning with an examination of theoretical definitions of culture, the course covers a broad range of theories and research findings regarding cultural influences on human behavior and cognitive processes (life-span development, abnormal behavior and mental health, self-concept, emotion, motivation, learning, intelligence, perception, memory, communication, social cognition, and social behavior). The diversity of human expression is examined in contexts ranging from everyday modes of functioning to family and work relationships. By providing students with a non-judgmental understanding of how culture influences human behavior, this course will make them more equipped to interact in a world where there is increasing contact among different cultures. In addition, students will gain knowledge in cross-cultural research methodology. (UC/CSU, AA GE, CSU GE, IGETC, SOC JUST)

PSY 139 C Developmental Psychology 3 Units

Advisory: Eligibility for ENGL 100 C or ENGL 101 C or ESL 110 C.

Term hours: 54 lecture. This course is a study of emotional, intellectual, social and physical growth patterns from conception to death. It emphasizes an integrated approach to each life phase. It also examines the influence of heredity and environment in the life span. The study also includes applicable theories of development. (UC/CSU, AA GE, CSU GE, IGETC, C-ID: PSY 180)

PSY 145 C Child Psychology 3 Units

Advisory: Eligibility for ENGL 100 C or ENGL 101 C or ESL 110 C.

Term hours: 54 lecture. This course explores physical, cognitive, communicative/linguistic, and socio-emotional development of the child from conception through adolescence across diverse cultures with emphasis on the learning process. Education and teaching issues related to children are highlighted. (UC/CSU, AA GE, CSU GE, IGETC, C-ID: CDEV 100)

PSY 161 C Probability & Stats-Social Sci 4 Units

Prerequisite(s): Successful completion of Pre-Statistics or Intermediate

Algebra or equivalent with a grade of C or better.

Term hours: 72 lecture. This course provides an introduction to fundamental statistical concepts relevant to the social sciences but applicable to all disciplines. A conceptual approach is used to introduce students to topics of descriptive and inferential statistics including sampling, probability, central tendency, variability, correlation, regression, point estimation, interval estimation, and hypothesis testing. Also introduced are non-parametric statistics, such as chi-square, and parametric statistics, such as t-tests and ANOVA. The course includes applications of technology for statistical analysis including the interpretation of the relevance of the statistical findings. Applications use data from the behavioral and social sciences of psychology, sociology, anthropology, geography, economics, political science and the life sciences, health sciences, and education. This course is open to all students who meet the prerequisite, and it is required for psychology majors. This course is strongly recommended for all social sciences majors. Students who receive credit for this course may not receive credit for MATH 120 C or MATH 120PC. Duplicate credit not granted for PSY 161HC, SOC 161 C, or SOC 161HC. (UC Credit Limitation/CSU, AA GE, CSU GE, IGETC, C-ID: MATH 110 and SOCI 125)

PSY 161HC Honors Prob Stats-Soc Sci 4 Units

Prerequisite(s): Successful completion of Pre-Statistics or Intermediate

Algebra or equivalent with a grade of C or better.

Term hours: 72 lecture. This honors course provides an introduction to fundamental statistical concepts relevant to the social sciences but applicable to all disciplines. A conceptual approach is used to introduce students to topics of descriptive and inferential statistics including sampling, probability, central tendency, variability, correlation, regression, point estimation, interval estimation, and hypothesis testing. Also introduced are non-parametric statistics, such as chi-square, and parametric statistics, such as t-tests and ANOVA. The course includes applications of technology for statistical analysis including the interpretation of the relevance of the statistical findings. Applications use data from the behavioral and social sciences of psychology, sociology, anthropology, geography, economics, political science and the life sciences, health sciences, and education. This course is open to all students who meet the prerequisite, and it is required for psychology majors. This course is strongly recommended for all social sciences majors. Students who receive credit for this course may not receive credit for MATH 120 C or MATH 120PC. Duplicate credit not granted for PSY 161 C, SOC 161 C, or SOC 161HC. (UC Credit Limitation/CSU, AA GE, CSU GE, IGETC, C-ID: MATH 110 and SOCI 125)

PSY 202 C Research Methods in Psychology**4 Units****Prerequisite(s):** PSY 101 C and PSY 161 C with a grade of C or better.

Term hours: 54 lecture and 54 laboratory. This course encompasses the conceptual, ethical and technical aspects of designing and implementing research in the cognitive, behavioral and social sciences. Concepts are presented for proper application of the scientific method to psychological and social research using quantitative and qualitative techniques. The use of current technology to acquire, process, and analyze data is integrated throughout the course. Emphasis is placed on proper communication and presentation of completed research. (UC/CSU, AA GE, CSU GE, IGETC, C-ID: PSY 205B)

PSY 221 C The Brain and Behavior**3 Units****Prerequisite(s):** PSY 101 C with a grade of C or better.

Term hours: 54 lecture. This course examines the neurophysiological processes associated with mental processes and behavior. Emphasis is placed on the structure and function of the brain and other central nervous system structures. Related processes such as the autonomic nervous system, the endocrine system and the immune system are also studied. Specific topics studied in the context of the brain include learning, sensation, perception, emotion, motivation, cognition, memory, stress, psychological disorders, and brain dysfunctions. (UC/CSU, AA GE, CSU GE, IGETC, C-ID: PSY 150)

PSY 222 C Abnormal Psychology**3 Units****Prerequisite(s):** PSY 101 C with a grade of C or better.**Advisory:** Eligibility for ENGL 100 C or ENGL 101 C or ESL 110 C.

Term hours: 54 lecture. This course is a systematic study of psychopathology. This course presents a scientific survey of the subfield of psychology interested in researching the nature and causes of deviant or unusual human behavior both within and across cultures. This course surveys types of abnormal behavior, the process of assessing and diagnosing abnormal behavior, the therapeutic modalities used to treat abnormal behavior, and the scientific methods used to conduct research on abnormal behavior. This course draws upon DSM diagnostic criteria to classify abnormal behavior, and humanistic, cognitive, behavioral, cross-cultural, psycho-dynamic, and biologically-based models and theories to frame an understanding of abnormal behavior. Issues relating to research, treatment and forensic psychology are considered. (CSU/UC, AA GE, CSU GE, IGETC, C-ID: PSY 120)

PSY 232 C Positive Psych, Hlth, & Wellbg**3 Units****Prerequisite(s):** Completion of or concurrent enrollment a minimum grade of 'C' in PSY 101 C.

Term hours: 54 This course is a methodical study of positive psychology, health, and wellbeing. This course introduces a scientific inquiry into the integrated field of positive psychology. This course emphasizes exploring the dynamic among theories, research methods, and empirical evidence to the study of wellbeing. Additionally, this course will support students' practical application to experiencing contentment, life satisfaction, health-based lifestyle, self-assessment, career and work productivity, and positive relationships. Psychological topics include subjective wellbeing, diathesis stress model and psychoneuroimmunology, health benefits of physical activity, compassion, friendship, intentionality, resilience, affection, achievement, lifelong learning, creativity and flow, relaxation and mindfulness, religiosity and spirituality, and leisure. (CSU/UC)

PSY 251 C Social Psychology**3 Units****Advisory:** Completion of PSY 101 C with a grade of C or better.

Term hours: 54 lecture. This course examines the basic theories, concepts, and empirical findings in such areas as social perception, social cognition, prejudice, discrimination, interpersonal attraction, conformity and obedience, bystander effects, social aggression, group dynamics, attribution theory, and development of self in the social setting. (UC/CSU, AA GE, CSU GE, IGETC, C-ID: PSY 170)

PSY 255 C Psychology of Aging**3 Units**

Term hours: 54 lecture. This course examines the biological, physiological, cognitive, personality, developmental, intimacy and sexual aspects of the ongoing aging process. Critical life issues for elders and for those who live and work with them are explored. These issues include physical health, mental health, health care policy, caregiving, dependency and positive aging strategies. (UC/CSU, AA GE, CSU GE, IGETC)

PSY 298 C Psychology Seminar**0.5-12 Units****Prerequisite(s):** May be required.**Corequisite(s):** May be required.**Advisory:** May be required.

Term hours: 0-216 lecture and/or 0-648 laboratory depending on units attempted. This is a lecture/discussion type course developed on a particular limited problem or topic of interest to students. It is designed for able students who wish to increase their knowledge of a particular topic concerning which no other regular class is offered. A paper or group activity may be requested. Credit may range from 1/2 unit to 12 units. Consult class schedule for the offerings in a particular semester. Pass/No Pass/Letter Grade option. Fees may be required-Payable at Registration. (UC Credit Limitation/CSU)

PSY 299 C Psychology Independent Study**1 Unit****Prerequisite(s):** Approved Independent Study Learning Contract

Term hours: Varying hours of scheduled conferences per week according to instructor. This independent study course is for able students who wish to extend their knowledge of a particular area through individual research and study. It is thought that topics might develop out of a curiosity stimulated in a regular class. The student would then contact the supervising instructor to develop a contract for his/her particular interest so that they could learn more regarding their special topic. May be taken for credit 3 times. (UC Credit Limitation/CSU)