# **NURSING (NURS)**

## NURS 081 C Selected Topics in Nursing I

3 Units

Prerequisite(s): NURS 192 C with a grade of C or better

Term hours: 27 lecture and 81 laboratory. This course is designed to meet the first semester nursing students' need for review and remediation of fundamental nursing care and an introduction to medical surgical and gerontological nursing. Pass/No Pass only.

# NURS 082 C Selected Topics in Nursing II

3.5 Units

Prerequisite(s): NURS 196 C with a grade of C or better.

Term hours: 31.5 lecture and 94.5 laboratory. This course is designed to meet the nursing students' need for review and remediation of medical surgical nursing and an introduction to maternal newborn nursing. Pass/ No Pass only.

# NURS 083 C Selected Topics in Nursing III

3.5 Units

Prerequisite(s): NURS 292 C with a grade of C or better.

Term hours: 31.5 lecture and 94.5 laboratory. This course is designed to meet the nursing students' need to review and remediation of intermediate medical surgical nursing, mental health nursing, and geriatric nursing. Pass/No Pass only.

#### **NURS 090 C Nursing Transitions**

3.5 Units

Prerequisite(s): Licensed Vocational Nurse (LVN) or Licensed Psychiatric Technician (LPT), with no less than six months documented work experience in their licensed capacity, and successful completion of career mobility proficiency exams and skills validation test.

This course is designated for the experienced (no less than six months documented work experience in their licensed capacity) LVN/LPT who is preparing to enter the Registered Nursing career ladder program. The course will enhance theoretical and technical nursing skills in areas such as communication, ethics, fluid and electrolytes, and pharmacology. Students will develop in-depth skill in utilization of the nursing process. Major emphasis is placed on assessment of patient's biopsychosocial needs and related interventions. This course promotes Quality & Safety Education for Nurses (QSEN) competencies that incorporate patientcentered care, safety teamwork, collaboration, evidence based practice, quality improvement and informatics. The course emphasizes specific knowledge and skills not included in LVN/PT curricula. \$19.00 Laboratory Fee-Payable at Registration.

### NURS 091 C Strategies-Success in Nursing

Term hours: 9 lecture. This course is designed to assist the pre-nursing and the nursing student to understand the nursing process and apply quality and safety standards within a spirit of inquiry firmly based in the science and art of nursing. This course will prepare a student to provide safe, patient centered care within an environment of interdisciplinary teamwork and collaboration. This course will assist the student to assimilate knowledge and apply it in the clinical practice setting. This course will provide student with behavioral and problem solving tools to develop strategies for success in nursing. Pass/No Pass or Letter Grade option.

# NURS 099 C Nursing Independent Study

0.5-2 Units Prerequisite(s): Approved Independent Study Learning Contract.

Term hours: 9-36 depending on units attempted. This course is designed for capable students enrolled in the Registered Nursing program or options of the program who wish to increase their knowledge and experience in applied areas of patient centered care. Students will participate in independent study on assigned areas under staff supervision. Variable Unit Class. May be taken for credit 4 times. Pass/No Pass/Letter Grade Option.

#### NURS 103 C Basic Health Assessment

0.5 Units

Prerequisite(s): NURS 192 C with a grade of C or better; Licensed Psychiatric Technician; Licensed Vocational Nurse; Registered Nurse.

Term hours: 9 lecture. This elective course provides specialized nursing knowledge in assessing basic health status in the non-pregnant adult. Students will recall and build upon the curricular concepts learned in preceding nursing courses of patient centered care, safety, oxygenation, regulation and movement using teamwork and collaboration, professionalism, evidence based practice, quality improvement and informatics, to apply the nursing process and utilize techniques for performing both history and physical assessments. Pass/No Pass/Letter Grade Option. (CSU)

# NURS 104 C Introduction to ECG Interpretation

0.5 Units

Prerequisite(s): NURS 191 C and NURS 193 C with a grade of C or better; Licensed Vocational Nurse; Registered Nurse or permission of instructor Term hours: 9 lecture. This elective course provides specialized nursing knowledge in providing patient centered care to patients experiencing oxygenation disorders; cardiac dysrhythmias, using teamwork and collaboration, professionalism, evidence based practice, quality improvement and informatics. Introductory course for nurses working with cardiac monitored patients. Cardiac dysrhythmias include sinus, atrial, AV heart blocks, junctional, and ventricular dysrhythmias. Initial patient monitoring, lead placement, techniques and equipment utilized to measure and identify cardiac arrhythmias are addressed in introductory terms. Basic therapies based on current ACLS standards and nursing implications for these dysrhythmias are discussed. Pass/No Pass/ Letter Grade Option. (CSU)

#### **NURS 190 C Introduction to Nursing Concepts**

2 Units

Term hours: 36 lecture. This course introduces the health science student to the theoretical basis of nursing and patient centered care. Emphasis is placed on psychosocial concepts inherent to the development of professionalism, teamwork and collaboration, evidence based practice, quality improvement and informatics. Professional nursing roles and interaction skills are applied to the health care setting. The effects of regulation of stress and developmental patterns on individual health care needs are introduced. Major social and cultural issues in relation to health care are discussed. Teaching/learning strategies unique to health care. nursing, and clinical instruction are explored. (CSU)

## NURS 191 C Pharmacology in Nursing I

1 Unit

Prerequisite(s): Acceptance in the Nursing Program, LVN or PT.

Corequisite(s): NURS 193 C.

Term hours: 18 lecture. This pharmacology course correlates with the content in NURS 192 C and NURS 193 C. It introduces the concepts of patient centered care, teamwork and collaboration, professionalism, evidence based practice, quality improvement and informatics to safely administer both enteral and topical medications to patients in basic medical-surgical areas with oxygenation, regulation and movement disorders. (CSU)

#### **NURS 192 C Fundamentals of Nursing**

4.5 Units

Prerequisite(s): Admission into the nursing program.

Term hours: 45 lecture and 108 laboratory. This course is an introduction to the nursing process and applying quality and safety standards within a spirit of inquiry firmly based in the science and art of nursing. This course will prepare the student to provide safe, patient-centered care within an environment of interdisciplinary teamwork and collaboration. The course is designed to provide the student with fundamental provider of care roles and critical thinking skills in order to develop and deliver a basic plan of care. Fundamental exemplars will be introduced with an emphasis on basic oxygenation, patient and nurse movement, and regulation of patient physiology and behavior. The course is designed to socialize the beginning nursing student to the professional role of nursing. Models of health care delivery systems and funding will be explored. Nursing issues regarding patient rights, ethical and legal standards, and the use of professional and therapeutic communication will be applied to nursing theory and practice. \$15 Materials Fee-Payable at Registration (CSU)

#### NURS 193 C Intro to Med-Surg Gero Nursing

3.5 Units

Prerequisite(s): NURS 192 C Corequisite: NURS 191 C Term hours: 27 lecture and 108 laboratory This course prepares the student to apply the nursing process and develop basic critical thinking within a spirit of inquiry firmly based in the science and art of nursing for safe patient centered care of the older adult in the medical-surgical setting. Students will recall and build upon course concepts (previous learning in N192) of patient centered care, safety, oxygenation, regulation and movement with healthy aging concepts, basic age-associated changes and preventive health considerations for the older adult. Using interdisciplinary teamwork and collaboration, this course socializes the beginning nursing student to the professional role of nursing as it relates to the care of the older adult and explores resources for evidence based practice. Models of health care delivery systems and quality improvement strategies will be introduced and explored. Professional nursing issues, ethical and legal standards, and professional communication related to older adult rights will be explored. \$45 Materials Fee - PAYABLE AT REGISTRATION. (CSU)

# NURS 195 C Pharmacology in Nursing II

1 Unit

Prerequisite(s): Acceptance in the Nursing Program, LVN, PT or completion of NURS 191 C and NURS 193 C with a grade of C or better. Term hours: 18 lecture. This pharmacology course correlates with the content in NURS 196 C and NURS 197 C. Students will recall and build upon the curricular concepts previously learned in NURS 191 C and NURS 193 C of patient centered care, teamwork and collaboration, professionalism, evidence based practice, quality improvement and informatics to safely administer both enteral and parenteral medications to patients in multiple settings with oxygenation, regulation and movement disorders. (CSU)

#### NURS 196 C Med-Surg Nursing I

5 Units

Prerequisite(s): NURS 191 C and NURS 193 C with a grade of C or better. Term hours: 40.5 lecture and 148.5 laboratory. This course prepares the student to apply the nursing process and develop nursing judgment within a spirit of inquiry based on the science and art of nursing to prioritize care for the medical-surgical patient in multiple clinical settings. Students will learn the foundation of critical thinking. Students will recall and build upon previously learned curricular concepts of patient centered care, safety, oxygenation, regulation and movement using intra and interdisciplinary teamwork and collaboration, professionalism, evidence based practice, quality improvement and informatics to provide effective care to achieve positive patient outcomes. \$85 Materials Fee - Payable at Registration. (CSU)

#### NURS 197 C Maternal and Newborn Nursing

3.5 Units

Prerequisite(s): NURS 196 C with a grade of C or better.

Term hours: 31.5 lecture and 94.5 lab. This course prepares the student to apply the nursing process and develop nursing judgment to prioritize care for the perinatal, newborn and women's health patient in multiple clinical settings. Students will recall and build upon the curricular concepts (previously learned in NURS 192 C and NURS 193 C and NURS 196 C) of patient centered care, safety, oxygenation, regulation and movement using teamwork and collaboration, professionalism, evidence-based practice, quality improvement and informatics to provide effective care to achieve positive patient outcomes. \$40 Materials Fee - Payable at Registration. (CSU)

# NURS 291 C Pharmacology in Nursing III

1 Unit

*Prerequisite(s):* Acceptance in the Nursing Program, LVN, PT or NURS 195 C with a grade of C or better.

Term hours: 18 lecture. This course correlates with the content in NURS 292 C, NURS 293 C, NURS 294 C. Students will recall and build upon the curricular concepts previously learned in NURS 195 of patient centered care, teamwork and collaboration, professionalism, evidence based practice, quality improvement and informatics to safely administer medications to patients in multiple settings with oxygenation, regulation and movement disorders. (CSU)

#### NURS 292 C Medical-Surgical Nursing II

5 Units

*Prerequisite(s):* NURS 195 C and NURS 196 C and NURS 197 C with a grade of C or better and acceptance in the Nursing Program.

Term hours: 40.5 lecture and 148.5 laboratory. This course prepares the student to apply the nursing process, to develop nursing judgment and to prioritize patient centered care for multiple acute medical surgical patients in a variety of settings. Students will apply quality and safety standards within a spirit of inquiry firmly based in the science and art of nursing. Students will recall and build upon the curricular concepts (previously learned in NURS 192 C, NURS 193 C, NURS 196 C, and NURS 197 C) of patient-centered care, safety, oxygenation, regulation and movement using teamwork and collaboration, professionalism, evidence based practice, quality improvement and informatics to provide effective care to achieve positive patient outcomes. \$55 Materials Fee - Payable at Registration (CSU)

# NURS 293 C Mental Health Nursing

3.5 Units

Prerequisite(s): NURS 292 C with a grade of C or better.

Term hours: 31.5 lecture and 94.5 laboratory. This course presents historical, cultural and contemporary evidence based concepts related to the mental health-illness continuum. Will explore patient - centered interventions that are designed to promote safe return to mental stability and meet the emotional needs of the patient. Emphasis is placed on interpersonal communication through self-awareness, the safe use of self as a therapeutic agent and collaboration with the mental health team and community resources. The role of the nurse in providing quality care in the areas of ethics, legal, advocacy issues while providing patient centered care is explored in the Psychiatric unit. (CSU)

# NURS 294 C Geriatric Nursing

3 Units

Prerequisite(s): NURS 292 C with a grade of C or better.

Term hours: 27 lecture and 81 laboratory. This course prepares the student to apply quality and safety standards and the National League for Nursing's ACES framework to plan patient centered care for the community dwelling older adult. There will be an emphasis on the use of standardized assessment tools and application of evidenced based practice in various community settings. Students will learn to collaborate with other members of the interdisciplinary team and use nursing judgement to foster individualized aging in the senior population. (CSU)

#### NURS 295 C Pharmacology in Nursing IV

0.5 Units

Prerequisite(s): NURS 291 C, NURS 292 C, NURS 293 C, or NURS 294 C, with a grade of C or better or acceptance in the Nursing Program, LVN, PT. Term hours: 9 lecture. This course correlates with the content in NURS 296 C and NURS 297 C. Students will recall and build upon the curricular concepts learned in preceding nursing courses of patient centered care, safety, oxygenation and regulation and movement using teamwork and collaboration, professionalism, evidence based practice, quality improvement and informatics, to safely administer medications to pediatric and adult patients in multiple clinical settings with oxygenation, regulation and movement disorders. Pass/No Pass/Letter Grade Option (CSU)

# NURS 296 C Child and Family Nursing

3.5 Units

*Prerequisite(s):* NURS 291 C and NURS 292 C and NURS 293 C and NURS 294 C, with a grade of C or better.

Term Hours 31.5 lecture and 94.5 Laboratory This course prepares the student to apply quality and safety standards utilizing the nursing process based in the science and art of nursing. Students will develop nursing care strategies for complex family centered care of the pediatric population within multiple interdisciplinary settings. Evidence-based nursing interventions encompassing a holistic approach will be developed. The student will apply growth and development concepts to the care of multiple patients, utilizing informatics and effective therapeutic and professional communication. Nursing judgment and prioritization will be applied to achieve positive care outcomes within family centered care situations. (CSU).

# NURS 297 C Med-Surg Nursing III

5 Units

Prerequisite(s): NURS 292 C, NURS 295 C and NURS 296 C, with a grade of C or better.

Term hours: 41 lecture and 149 laboratory. This course prepares the student to apply nursing process, to develop nursing judgment, and to prioritize care for adults with acute unstable medical-surgical disorders in a variety of settings. Students will recall and build upon the curricular concepts (previously learned in NURS 192 C, NURS 193 C, NURS 196 C, NURS 197 C, NURS 292 C, NURS 293 C, NURS 294 C and NURS 296 C) of patient-centered care, safety, oxygenation and regulation and mobility using teamwork and collaboration, professionalism, evidence based practice, quality improvement and informatics to provide effective care to promote synthesis and competence necessary for entry into practice. (CSU)